

# 2003 Health and Preventive Practices Status Report

## from Missouri County-level Study



# Moniteau County\*\*

	County Prevalence (%)*	Central Region Prevalence (%)*	State Prevalence (%)*
<b>G</b> eneral			
Health Status (Fair or Poor)	12.8	18.6	16.9
No Health Coverage	5.8 L	13.0	12.3
<b>B</b> ehavioral Risk Factors			
Physical Inactivity	17.1	23.7	24.0
Current Smoker	26.2	27.9	26.5
Overweight (BMI 25-29.9)	30.7	36.6	35.3
Obese (BMI ≥ 30)	21.5	23.6	23.4
<b>D</b> isease and Conditions			
High Blood Pressure	30.3	27.7	28.9
High Cholesterol (35 years or older)	27.7 L	35.8	37.3
Asthma	8.6	10.9	10.7
Diabetes	9.1	7.4	7.2
Activity Limitation	15.4	19.4	17.8
<b>C</b> ancer Screening			
<b>Women</b>			
Never had a Mammogram	6.5	12.9	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	31.1	46.3	49.4
50-64 years of age	21.7	31.2	35.9
65 and older	55.8	54.3	47.4
Never had a Pap Test:			
18-69 years of age	1.6	3.0	5.1
70 and older	6.3	8.8	6.4
No Pap Test in Last Year (18-29)	24.9	20.2	25.8
No Pap Test in Last 3 Years (30-69)	5.5	12.5	13.8
<b>Men and Women 50 Years or Older</b>			
Blood Stool Test:			
Never had a Blood Stool Test	59.0	59.9	57.0
No Blood Stool Test in Last Year	84.4	82.4	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	47.0	50.3	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	55.8	60.4	57.0

\*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

■ H indicates that the prevalence rate is significantly above the state prevalence

■ L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

\*\* The best indicators for Moniteau county were obtained by combining data from Moniteau and Cole counties.